

General Rules
Windjammer Youth Basketball 2010
Grades 3rd-6th

***Exception for 5th and 6th see page 2**

Offense

4 on 4 play

No 3 pointers

Free throw shooting at half time one shot per player per team added to team score. You may have players that missed their first shot take a second shot in order to equal the number of team shots.

Foul line will be adjusted depending on ability

Defense

No zone defense

No defense outside three point line

No double teaming except in the paint

All Iabbo rules for Junior High will apply unless Otherwise stated

After 5 fouls player is out of game

6 minute quarters (stopped time)

A tie is a tie no overtime

Each player must play 3 min/quarter and must sit 3 min/quarter

2 time outs per half lasting one minute each, no carryovers

Basket will be at 8.5 feet

Basketball will be 28.5

Foul shots will be one and one for 7, 8, 9 foul

2 shots for 10th foul and above each half

Five minute half time

Half time scores that have a 15 point or greater difference after free throws have been taken will be reset.

Last minute of game half court defense allowed.

The rules will be the same for 5th and 6th grade with the following exceptions

Play 5 on 5

Basket height 10 feet

Foul shots at half time from existing line depending on ability

Defense after ball has crossed half court

Last minute of game full court defense allowed